



## TRT Treatment Patient Information/Consent

Whom may we thank for referring you?  Google  Facebook  Instagram  Person: \_\_\_\_\_

Patient's Name: \_\_\_\_\_  
(First name) (M.I) (Last name) (suffix) (Nickname)

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  M  F SS#: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Best Contact #: \_\_\_\_\_ (cell / home / work)

Preferred method of contact:  Email  Home Address  Phone(call)  Phone(text)

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ P: \_\_\_\_\_

Employment Status:  Full-time  Part-time  Student  Homemaker  Unemployed  Retired

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Job Requirements:  Sit  Stand  Bend  Lift  Carry  Travel  Other: \_\_\_\_\_

By answering the following questions, you will assist us to decide if you are suitable for Extracorporeal Stemwave Therapy (AKA TRT Therapy):

- Do you have a bleeding disorder/tendency? Yes / No
- Are you on NSAIDs or Anti-Coagulant treatments? Yes / No
- Have you been injected with cortisone this month? Yes / No
- Are you using a cardiac pacemaker? Yes / No
- Do you have cancer/tumor? Yes / No
- Do you have a tear in the tendon of area you want treated? Yes / No
- Do you have a skin infection? Yes / No
- Are you pregnant? Yes / No / NA

Area I am seeking treatment on today: \_\_\_\_\_ (Please list only your main area of complaint). Any additional areas of complaint will need to have a separate Mapping scheduled for a future date unless approved by the Doctor.

(Continue on Next Page)

## Risks of the TRT Procedure

Risks of this procedure are extremely rare and primarily experienced with other forms of extracorporeal stem wave therapy treatments which use mechanically produced shock waves.

The following are the risks associated with treatment:

- a) Petechiae or mild bruising. This usually subsides without treatment.
- b) Pain and soreness. This is temporary and typically resolves within a week.
- c) Tendon rupture and nerve injury. This is avoided using lower energy levels and avoiding the nerve.

**\*Please also read the accompanying Information sheet explaining the procedure in more detail before seeing the Doctor today.**

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Please check one below, if you have any questions regarding the risks associated with TRT treatment, our Providers will be happy to answer them before administering any treatment)

- Before consenting to care, I have questions regarding the risks associated with TRT Treatment. \_\_\_\_\_ Initial and sign below if your questions have been fully answered.**
- Having carefully read the above and accompanying information sheet, I have no questions and give my informed consent to have TRT treatment administered.**

Patient or Guardian's Signature: \_\_\_\_\_ Date of Signature: \_\_\_\_\_

Patient Name (Printed): \_\_\_\_\_

*TRT Treatment is NOT a billable service through your insurance. If you are a candidate, the Doctor will discuss treatment recommendations, cost and payment/financing options with you.*

# TRT OrthoGold 100™ Softwave Therapy

*For Orthopedics & Sports Medicine*

*The non-invasive, pain-free, drug-free alternative to surgery*

**www.trtlc.com**

## **1.) OVERVIEW:**

- TRT is short for “Tissue Regeneration Technology” which is a state-of-the art, non-invasive regenerative device that uses electro-hydraulically produced sound waves or acoustic waves to trigger a strong healing effect in the body. SoftWave™ Therapy stimulates your body's natural processes for self-repair.
- SoftWaves™ are created through the use of an electrode contained within a soft latex dome filled with water. When charged with electricity, the electrode creates a spark under the water. This spark creates a hot bubble of gas that expands into the surrounding water and produces the SoftWave™ that travels out of the applicator and into the affected area being treated.
- These high energy acoustic waves penetrate deep into damaged tissue resulting in increased mobility and often a significant reduction of inflammation and pain.
- Additionally, electro-hydraulically produced shockwaves have proven to have a 300% increase in small, medium and large diameter blood vessels within 12 weeks following the first treatment.
- These high energy acoustic waves cause cell walls to become permeable allowing exosomes (and other stem cell attractant chemicals) to escape into the interstitial tissue mimicking cellular injury which triggers the migration of your body's own stem cells to the area. This is why it was coined “The Stem Cell Machine” after being featured on the TV show “The Doctors” in November 2019.
- There are no known significant negative side effects.
- This treatment is 100% atraumatic to tissues and cells. It essentially “tricks” the body into thinking it has been “injured” resulting in an activation of the body's own healing response.
- **Most conditions require 3-5 treatments at 5-7 days intervals per affected area. Additional treatments may be necessary after a period of time is allowed to assess tissue healing/response.**
- There is no down-time, no anesthesia, no injections and generally no activity restrictions after treatment.
- This device is the only Unfocused Electro-hydraulic extracorporeal shock wave therapy (ESWT) available in North America and approved by the FDA.

## **2.) MAIN EFFECTS OF SHOCKWAVE THERAPY:**

- **Pain reduction**
- **Induces endogenous stem cell recruitment/migration to treated area**
- **Angiogenesis (new blood vessel formation)**
- **Reduces apoptosis (programmed cell death)**
- **Suppresses acute inflammation & modulates the inflammatory response**
- **Improves wound healing**
- **Induces neuronal regeneration (regeneration of peripheral nerves after injury)**

## **3.) SUCCESS RATE:**

The final outcome depends on a variety of factors, but most studies report a healing rate of 65-85%. More than 80% of patients report improvement after just one treatment. **Depending on your condition you may require additional “booster” treatments in 8-10 weeks to maximize results.** More severe or chronic degenerative conditions may take longer to heal, so be patient and **allow up to 12 weeks to evaluate your outcome** as the biologic response and stem cell remodeling can be active up to 12 weeks after your final treatment and varies according to age and other factors.

## **4.) AFTER CARE:**

- Some patients may be sore after treatment, especially in cases of severe degeneration or acute injury.
- Drink plenty of water after your treatments to help flush out inflammatory debris and reduce soreness.
- Stay compliant with your treatment recommendations.
- Avoid ice, heat or anti-inflammatory medications the day of your treatment if possible.
- **DO NOT** base success or failure on just 1 treatment! SoftWave™ therapy is cumulative and healing takes time.